

# Costa Rica: Adventure Tour

Prométour Educational Tours

Risk-Free Registration

Truly Custom Itineraries

Local Teams

## Day 1

### Fly to Costa Rica

- Fly: Board your flight and fly to Costa Rica. Bienvenidos a Costa Rica!
- Arrival: Meet your Prométour Tour Director upon arrival at the airport.
- Transfer: Transfer to your hotel for check-in.
- Leisure: Enjoy some leisure time at the Rancho - there is a pool, a volleyball net and you can play soccer.
- Overnight: Dinner and overnight accommodation at El Rancho Lodge.

## Day 2

### Travel to Arenal - La Fortuna Waterfall

- Breakfast: Breakfast at the hotel.
- Travel to Arenal: Board your motor coach and travel to Arenal - the volcano was considered dormant for over 400 years until it erupted in 1968.
- Lunch: Lunch with your group in a local restaurant upon arrival.
- La Fortuna Waterfall: This afternoon, hike all the way to La Fortuna Waterfall. The waterfall emerges from dense jungle greenery and plummets some 200 feet into an emerald pool below.
- Overnight: Dinner and overnight accommodation in Arenal.

## Day 3

### Ziplining and Arenal Lake Kayaking

- Breakfast: Breakfast at the hotel.
- Ziplining: This morning, embark on a Zip Lining adventure! About 70% of all life in a tropical forest takes place at the tree canopy level. Discover the forest in an exhilarating way!
- Lunch: Lunch with your group in a local restaurant.
- Arenal Lake Kayaking: Enjoy an afternoon of kayaking on Arenal Lake - it is the country's largest landlocked body of water, with a surface of nearly 33 square miles!
- Overnight: Dinner and overnight accommodation in Arenal.

**Day 4****Horseback Riding and White Water Rafting**

- Breakfast: Breakfast at the hotel.
- Horseback Riding: Experience a horseback tour and enjoy great views of the Arenal Volcano area.
- Lunch: Lunch with your group in a local restaurant.
- Travel to Sarapiquí: Board your bus and travel to Sarapiquí.
- White Water Rafting: Starting from clear mountain streams, enjoy White Water Rafting on the Sarapiquí River.
- Overnight: Dinner and overnight accommodation in Sarapiquí.

**Day 5****Travel to Cahuita - Caribbean Sea Kayaking**

- Breakfast: Breakfast at the hotel.
- Travel to Cahuita: Board your motor coach and travel to Cahuita, on the Caribbean side of the country.
- Lunch: Lunch with your group in a local restaurant.
- Sea Kayaking: Discover all the Caribbean Sea has to offer while on a Sea Kayak journey with your group!
- Overnight: Dinner and overnight accommodation in Cahuita.

**Day 6****Snorkeling and Return to La Guacima**

- Breakfast: Enjoy breakfast at the hotel.
- Snorkeling: Get a chance to enjoy the clear blue waters and undersea wildlife of Costa Rica's Caribbean Sea. Partake in snorkeling and swimming amidst the colorful coral reef and tropical fish!
- Lunch: Lunch with your group in a local restaurant.
- Return: Board your motor coach and return to La Guacima de Alajuela.
- Overnight: Dinner and overnight accommodation at El Rancho Lodge.

**Day 7****Fly Back Home**

- Breakfast: Breakfast at the hotel.
- Transfer: Transfer by bus to the airport.
- Farewell: Say Hasta Luego to your Prométour Tour Director.
- Fly Home: Board your flight from San Jose and fly back home.

# What's Included on Trips?



Dedicated  
Tour Project Manager



Dedicated  
Tour Director



Sustainable  
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Guaranteed  
Travel Dates



Centrally  
Located Hotels



Entrances  
for activities



Authentic  
Regional Meals



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# Why choose Prometour?



## Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



## Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



## Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



## Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

★ Trustpilot



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