Prométour
EDUCATIONAL TOURS
prometour.com

Costa Rica: Cultural Tour

Prométour Educational Tours

Risk-Free Registration | Truly Custom Itineraries | Local Teams

Day 1 — Fly to Costa Rica - Meet Host Family

- DAY 1: HOME - COSTA RICA
- Board your flight and fly to Costa Rica. Bienvenidos a Costa Rica! Meet your Prometour Tour Director upon arrival. Transfer to host families in La Guacima de Alajuela, where locals speak only Spanish and families preserve the real Tico lifestyle. Take part in an orientation session with a welcome fruit cocktail. Meet your host families over dinner followed by overnight accommodation.

Day 2 — San Jose City Tour, Cooking and Dancing Classes

- Breakfast: Breakfast with your host families.
- San Jose: Board your bus and travel to San Jose. Follow your Tour Director on a discovery tour of the city - see Plaza de la Cultura, the Main Square, and Plaza de Democracia. Stop at the famous flea market to practice your Spanish.
- Cooking Class: Partake in a cooking class. Learn how to cook like a Tico!
- Dancing Class: Show off your fancy footwork by taking part in a Tico dancing class.
- Return: Return to your host family for dinner followed by overnight accommodation.

Day 3 — Poas Volcano and Doka Coffee Plantation

- Breakfast: Breakfast with your host families.
- Poas Volcano: Make your way to Poas Volcano National Park - considered the largest active crater in the world with frequent geyser-like eruptions. See Lake Botos with its cloud forest birds.
- Coffee Plantation: Breathe in the aroma of freshly-roasted Arabica coffee beans at the Doka Coffee Plantation. Learn about the coffee trees, planting process, water mill, processing plant, and roasting room.
- Return: Return to your host family for dinner followed by overnight accommodation.

Day 4 Sarapiqui Reforestation and Chocolate Tour

- Breakfast: Breakfast with your host families.
- Reforestation: Drive to Sarapiqui. Partake in a Reforestation Program with your group - contributing to the global goal of planting at least one billion trees worldwide each year.
- Chocolate Tour: Partake in a chocolate process tour - learn how it plays an important role in Costa Rican culture.
- Return: Return to your host family for dinner followed by overnight accommodation.

Day 5 La Paz Waterfall Gardens and Sarchi Artisans

- Breakfast: Breakfast with your host families.
- La Paz Waterfalls: Explore La Paz Waterfall and Gardens - observe hummingbirds, bromeliad gardens, a serpentarium, a frog pond, and 3.5 kilometers of walking trails.
- Sarchi: Embark on a discovery tour of the artistic town of Sarchi and watch artisans create the unique and colorful Ox Carts! Continue to Grecia to see the famous Nuestra Senora de las Mercedes Church!
- Return: Return to your host family for dinner followed by overnight accommodation.

Day 6 Travel to Monteverde - Cloud Forest

- Breakfast: Breakfast with your host families.
- Travel: Board your motor coach and travel to Monteverde.
- Cloud Forest: Explore Monteverde's Cloud Forest - including eight distinct ecological zones that protect more than 400 species of birds and over 100 species of mammals.
- Dinner: Dinner and overnight accommodation in Monteverde.

Day 7 Monteverde Ziplining and Travel to Quepos

- Breakfast: Breakfast at the hotel with your group.
- Ziplining: Embark on a Ziplining adventure! About 70% of all life in a tropical forest takes place at the tree canopy level. Discover the forest in an exhilarating way!
- Travel: Board your motor coach and travel to Quepos.
- Dinner: Dinner and overnight accommodation in Quepos.

Day 8 Manuel Antonio National Park and Beach

- Breakfast: Breakfast at the hotel with your group.
- Manuel Antonio: Although it is Costa Rica's smallest national park, the breathtaking beauty and diversity of wildlife is unequaled in Manuel Antonio.
- Beach: Enjoy time at the beach and relax in this natural environment.
- Return: Return to La Guacima. Enjoy some leisure time at the Rancho.
- Dinner: Dinner and overnight accommodation at El Rancho Lodge.

Day 9 Fly Back Home

- DAY 9: LA GUACIMA - HOME
- Breakfast at the hotel with your group. Transfer by motor coach to the airport. Say Hasta Luego to your Prometour Tour Director. Board your flight from San Jose and fly back home.

What's Included on Trips?



Dedicated Tour Project Manager



Dedicated Tour Director



Sustainable Transportation



Guaranteed Travel Dates



Centrally Located Hotels



Entrances for activities



Authentic Regional Meals



24/7 Customer Support

Why choose Prometour?



Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

Trustpilot

TrustScore **4.8** | **668** reviews

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