Prométour
EDUCATIONAL TOURS
prometour.com

Costa Rica: STEM – Biology & Ecology Tour

Prométour Educational Tours

Risk-Free Registration | Truly Custom Itineraries | Local Teams

Day 1 — Fly to Costa Rica

- DAY 1: HOME - COSTA RICA
- Board your flight and fly to Costa Rica. Bienvenidos a Costa Rica! Meet your Prometour Tour Director upon arrival. Transfer to your hotel for check-in. Enjoy leisure time at the Rancho. Dinner and overnight accommodation at El Rancho Lodge.

Day 2 — Tirimbina Rainforest Center and Reforestation Program

- Breakfast: Breakfast at the hotel.
- Tirimbina: Board your bus and head out to Sarapiqui to visit the Tirimbina Rainforest Center. Partake in a guided walking tour through the Costa Rican rain forest to learn about the vegetation and the animals that inhabit it.
- Reforestation: Partake in a Reforestation Program with your group - contributing to the global goal of planting at least one billion trees worldwide each year.
- Dinner: Dinner and overnight accommodation in Sarapiqui.

Day 3 — La Selva Biological Station and Danaus Ecocenter

- Breakfast: Breakfast at the hotel.
- La Selva: Visit La Selva Biological Station - a leading research center for Costa Rican ecology. With a local expert, explore trails through some of Costa Rica's most immaculate primary tropical rain forest.
- Danaus Ecocenter: At Danaus Ecocenter find a Botanical Garden with more than 600 species of plants, a butterfly garden with more than 40 species, and areas dedicated to medicinal plants.
- Dinner: Dinner and overnight accommodation in Arenal.

Day 4 Sloth Tour and Arenal Hanging Bridges

- Breakfast: Breakfast at the hotel.
- Sloth Tour: Take the road to Arenal for a Sloth Tour - it will bring you up close and personal with some of Costa Rica's most adorable species.
- Hanging Bridges: Enjoy the Arenal Hanging Bridges Tour - 3 miles of trails designed for easy access, crossing 15 bridges with lengths ranging from 5 to 100 meters.
- Dinner: Dinner and overnight accommodation in Arenal.

Day 5 Travel to Monteverde - Frog Pond and Cloud Forest

- Breakfast: Breakfast at the hotel.
- Travel: Board your bus to Monteverde.
- Frog Pond: Visit the Ranario of Monteverde - committed to educating visitors on the beauty of frogs and the threats they face around the world.
- Santa Elena Reserve: Take a walk through a cloud forest in Monteverde's Santa Elena Reserve - a lush garden of mosses.
- Dinner: Dinner and overnight accommodation in Monteverde.

Day 6 Monteverde Cloud Forest and Return

- Breakfast: Breakfast at the hotel.
- Cloud Forest: Monteverde Cloud Forest is a large reserve and one of the most outstanding wildlife sanctuaries in the Americas. It includes eight distinct ecological zones protecting more than 400 species of birds and over 100 species of mammals.
- Return: Board your bus and return to La Guacima.
- Dinner: Dinner and overnight accommodation at El Rancho Lodge.

Day 7 Fly Back Home

- DAY 7: LA GUACIMA - HOME
- Breakfast at the hotel. Transfer by bus to the airport. Say Hasta Luego to your Prometour Tour Director. Board your flight from San Jose and fly back home.

What's Included on Trips?



Dedicated Tour Project Manager



Dedicated Tour Director



Sustainable Transportation



Guaranteed Travel Dates



Centrally Located Hotels



Entrances for activities



Authentic Regional Meals



24/7 Customer Support

Why choose Prometour?



Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

Trustpilot

TrustScore **4.8** | **668** reviews

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