Prométour
EDUCATIONAL TOURS
prometour.com

Costa Rica: Volunteering Tour

Prométour Educational Tours

Risk-Free Registration | Truly Custom Itineraries | Local Teams

Day 1 — Fly to Costa Rica

- DAY 1: HOME - COSTA RICA
- Board your flight and fly to Costa Rica. Bienvenidos a Costa Rica! Meet your Prometour Tour Director upon arrival. Transfer to your hotel for check-in. Dinner and overnight accommodation at El Rancho Lodge.

Day 2 — School Community Service and San Jose

- Breakfast: Breakfast at the hotel with your group.
- School Service: Have the opportunity to enhance a Costa Rican School with gifts of basic school supplies and your time! These schools need painting, reconstruction, and improvement. Your involvement today will have a great effect on the local community.
- San Jose: Follow your Tour Director on a discovery tour of San Jose - see Plaza de la Cultura, the Main Square, and Plaza de Democracia. Stop at the famous flea market to practice your Spanish.
- Dinner: Dinner and overnight accommodation at El Rancho Lodge.

Day 3 — Sarapiqui Reforestation and Chocolate Tour

- Breakfast: Breakfast at the hotel with your group.
- Reforestation: Drive to Sarapiqui. Partake in a Reforestation Program with your group - contributing to the global goal of planting at least one billion trees worldwide each year.
- Chocolate Tour: Partake in a chocolate process tour - learn how it plays an important role in Costa Rican Culture.
- Dinner: Dinner and overnight accommodation in Sarapiqui.

Day 4 Arenal Hanging Bridges and Ziplining

- Breakfast: Breakfast at the hotel with your group.
- Hanging Bridges: Partake in the Arenal Hanging Bridges Tour - 3 miles of trails designed for easy access, crossing 15 bridges with lengths ranging from 5 to 100 meters.
- Ziplining: Embark on a Ziplining adventure! About 70% of all life in a tropical forest takes place at the tree canopy level. Discover the forest in an exhilarating way!
- Dinner: Dinner and overnight accommodation in Arenal.

Day 5 Animal Refuge Volunteer Day and Travel to Montezuma

- Breakfast: Breakfast at the hotel with your group.
- Animal Refuge: Volunteer in a local animal refuge - your help plays an important role in the conservation of Costa Rica's incredible biodiversity and is vital to the success of the wildlife rescue centers.
- Travel: Travel by bus and ferry to Montezuma, located in the southern part of Costa Rica's Nicoya Peninsula.
- Dinner: Dinner and overnight accommodation in Montezuma.

Day 6 Sea Turtle Conservation - Day 1

- Breakfast: Breakfast at the hotel with your group.
- Sea Turtle Conservation: Spend the day volunteering for the protection of sea turtles - in serious risk of extinction. The Sea Turtle Conservation Program in Playa Montezuma develops sustainable projects in three areas: reforestation and cleaning of the coastline, conservation and protection of sea turtles, and environmental education and community improvement. Activities include: construction and cleaning of hatcheries that protect eggs from animals and poachers, beach clean-up, patrols with staff for scientific data collection including measuring and marking turtles, and group discussions about sea turtle conservation education.
- Dinner: Dinner and overnight accommodation in Montezuma.

Day 7 Sea Turtle Conservation - Day 2

- Breakfast: Breakfast at the hotel with your group.
- Sea Turtle Conservation: Spend another full day volunteering for the protection of sea turtles. Continue with hatchery maintenance, beach clean-up, scientific patrols, turtle measuring and marking, and conservation education discussions.
- Dinner: Dinner and overnight accommodation in Montezuma.

Day 8 Beach Relaxation and Return to La Guacima

- Breakfast: Breakfast at the hotel with your group.
- Beach: Enjoy some relaxing time on the beach!
- Return: Board your motor coach and travel to La Guacima. Enjoy leisure time at the Rancho - pool, volleyball, and soccer.
- Dinner: Dinner and overnight accommodation at El Rancho Lodge.

Day 9 Fly Back Home

- DAY 9: LA GUACIMA - HOME
- Breakfast at the hotel with your group. Transfer by bus to the airport. Say Hasta Luego to your Prometour Tour Director. Board your flight from San Jose and fly back home.

What's Included on Trips?



Dedicated Tour Project Manager



Dedicated Tour Director



Sustainable Transportation



Guaranteed Travel Dates



Centrally Located Hotels



Entrances for activities



Authentic Regional Meals



24/7 Customer Support

Why choose Prometour?



Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

Trustpilot

TrustScore **4.8** | **668** reviews

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Start Planning →

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