

# Ecuador: Andean Cultural Immersion

Prométour Educational Tours

Risk-Free Registration

Truly Custom Itineraries

Local Teams

## Day 1

### Fly to Ecuador

- DAY 1: HOME - QUITO
- Board your flight to Quito. Bienvenidos a Ecuador! Meet your Prometour Tour Director upon arrival at the airport. Board your bus and transfer to the hotel for check-in. Have dinner with group. Overnight in Quito.

## Day 2

### Quito UNESCO Historic Center and Middle of the World

- Breakfast: Breakfast at the hotel with your group.
- Quito: Explore Quito, the capital of Ecuador - it has one of the best-preserved and least altered historic centers in Latin America, declared by UNESCO as a World Heritage Site due to its rich history and artistic legacy.
- Middle of the World: Visit the Middle of the World. Learn important facts about the Equator and confirm or dismiss related rumors that have fascinated people for centuries. Celebrate the ability to be in both hemispheres at the same time - a once in a lifetime experience!
- Dinner: Return to the hotel for dinner and overnight.
- Overnight: Overnight in Quito.

## Day 3

### Otavalo Craft Market and Andean Music

- Breakfast: Breakfast at the hotel with your group.
- Otavalo: Board your bus and travel to the Ecuadorian Highlands. Explore Otavalo Town and visit the local craft market. The Otavalos are a trader's community by tradition, known worldwide for their wonderful work on textiles and tapestries.
- Artisans: Meet local artisans who will show you the ancient techniques used to create tapestries.
- Music: Learn about Andean music and how to play some of the most popular Andean musical instruments.
- Return: Return to Quito for dinner and overnight.

#### Day 4

### Indigenous Community Immersion

- Breakfast: Breakfast at the hotel with your group.
- Community Visit: Depart to a local indigenous community, where you will be greeted by a Quichua-Karanki family. You will be introduced to the indigenous lifestyle and learn about their customs and traditions.
- Gardens: Visit the community medicinal gardens and organic orchards - help them with the harvest!
- Cooking: For lunch and dinner, enjoy delicious, fresh, and healthy meals based on typical ingredients of the Andean cuisine. Learn how to cook some of the most popular Andean dishes.
- Cultural Evening: Participate in a cultural integration evening with typical music and dance.
- Overnight: Return to your hotel for overnight accommodation.

#### Day 5

### Minga - Community Service Day

- Breakfast: Breakfast at the hotel.
- School Visit: Visit a local public school that serves low-income families and assist teachers with their activities. You'll partake in Minga - a Quichua indigenous word that refers to Team Work. It is an important part of the Quichua culture who strongly believe in Team Work to achieve benefits for the whole community!
- Language Challenge: For today's activities, you must use your imagination as you will have the challenge to break the language barrier and show that human communication is much more than a language!
- Service: Help improve a school area such as gardens, classrooms, or library. Enjoy a fun time with the kids while playing games during break time.
- Lunch: Assist teachers and parents to prepare and serve lunch.
- Return: Return to hotel for dinner and overnight.

#### Day 6

### Cuicocha Volcanic Lake Hike and Chiva Night Ride

- Breakfast: Breakfast at the hotel with your group.
- Cuicocha Lake: Enjoy a hike surrounding the Cuicocha lake - a lake formed in a volcano crater after thousands of years of intense volcanic activity. The lake is part of the Cotacachi-Cayapas Reserve, which goes from the western Andean Cordillera to the Pacific coast.
- Picnic: Enjoy a picnic lunch in the area.
- Chiva Ride: Return to Quito. Enjoy a Chiva Ride to see Quito at night. Chivas are typical open buses with a live music band on board playing local music.
- Farewell Dinner: Have a farewell dinner at a local restaurant.
- Overnight: Return to the hotel for overnight accommodation.

**Day 7**

## **Fly Back Home**

- DAY 7: QUITO - HOME
- Breakfast at the hotel with your group. Board your bus and transfer to the airport. Say Hasta Luego to your Prometour Tour Director. Board your flight from Quito and fly back home.

# What's Included on Trips?



Dedicated  
Tour Project Manager



Dedicated  
Tour Director



Sustainable  
Transportation



Guaranteed  
Travel Dates



Centrally  
Located Hotels



Entrances  
for activities



Authentic  
Regional Meals



24/7 Customer  
Support

# Why choose Prometour?



## Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



## Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



## Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



## Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

★ Trustpilot



TrustScore 4.8 | 668 reviews

**Prométour**  
EDUCATIONAL TOURS



## EMAIL ADDRESS

info@prometour.com

## PHONE NUMBER

USA: 1-800-304-9446

CAN: 1-800-657-7754

[Website](#)

[Start Planning →](#)

152 Rue Notre Dame Est, Suite 300, Montréal, Québec, Canada H2Y 3P6

[www.prometour.com](http://www.prometour.com)

© 2026 | Prométour Educational Tours | OPC Travel Agent Permit Holder #702379 from Québec, Canada