Prométour
EDUCATIONAL TOURS
prometour.com

Italy: Food Cultural Tour

Prométour Educational Tours

Risk-Free Registration | Truly Custom Itineraries | Local Teams

Day 1 — Fly to Italy

- DAY 1: HOME - ITALY
- Board your transatlantic flight and fly through the night to Italy.

Day 2 — Arrival - Parma City Tour

- Welcome: Benvenuti in Italia! Meet your Prometour Tour Director upon arrival. Board your bus and travel to Parma.
- Parma Tour: Meet your local guide for a highlight tour of Parma - admire the Cathedral and explore Piazza della Pace.
- Dinner: Dinner with your group at a local restaurant.
- Overnight: Overnight accommodation in Parma.

Day 3 — Parmesan Cheese Factory, Balsamic Vinegar Modena and Bologna

- Breakfast: Breakfast at the hotel with your group.
- Parmesan Factory: Visit a local Parmesan Cheese Factory - learn how this delicious local cheese is produced. Tasting included!
- Modena: Board your bus and travel to Modena. Visit a local factory to learn how Balsamic Vinegar is made.
- Bologna: Board your bus and continue to Bologna.
- Dinner: Dinner with your group at a local restaurant.
- Overnight: Overnight accommodation in Bologna.

Day 4 Bologna - Mercato di Mezzo, Prosciutto Factory and Tagliatelle Dinner

- Breakfast: Breakfast at the hotel with your group.
- Bologna Tour: Discover the elegant city of Bologna - see the Fontana di Nettuno, the Basilica di San Petronio, and stroll on the Piazza Cavour.
- Mercato di Mezzo: Explore the Mercato di Mezzo - the most historical place of Bolognese food culture.
- Prosciutto Factory: Visit a Prosciutto factory to learn all about how this cured meat is made.
- Dinner: Enjoy a traditional tagliatelle alla bolognese for dinner!
- Overnight: Overnight accommodation in Bologna.

Day 5 Florence Walking Tour and Tuscan Cooking Class

- Breakfast: Breakfast at the hotel with your group.
- Travel: Board your bus and travel to Florence.
- Florence Tour: Meet your local guide for a walking tour of Florence - see the Duomo, the bronze doors of The Baptistry, and Santa Croce Basilica.
- Cooking Class: Participate in a Tuscan Cooking Class - prepare delicious and famous dishes. Your creation will be your dinner!
- Overnight: Overnight accommodation in Florence.

Day 6 Travel to Sorrento - Piazza Tasso and Bay of Naples

- Breakfast: Breakfast at the hotel with your group.
- Train: Transfer to the train station. Board a FRECCE train to Naples.
- Sorrento: Join your Prometour Tour Director on a discovery walk - see Piazza Tasso, the historic center, and admire the Bay of Naples from the Villa Comunale.
- Gelato: Treat yourself to authentic Italian Gelato.
- Dinner: Dinner with your group at a local restaurant.
- Overnight: Overnight accommodation in Sorrento.

Day 7 Mozzarella Cheese Factory and Pizza Napoletana Cooking Class

- Breakfast: Breakfast at the hotel with your group.
- Mozzarella Factory: Enjoy a guided visit to a family-owned local mozzarella cheese producer - learn about the process of making the delicious mozzarella cheese of Campania!
- Naples: Continue to Naples to discover the city - see the Old City and Basilica, interact with street and market vendors.
- Pizza Class: See if you can create an authentic Pizza Napoletana - enjoy for dinner afterwards!
- Overnight: Overnight accommodation in Sorrento.

Day 8 Rome - Colosseum and Roman Forum

- Breakfast: Breakfast at the hotel with your group.
- Train: Transfer to the train station. Board your FRECCE train to Rome.
- Colosseum: Explore the most monumental elements of Rome with your local guide - visit the Colosseum, the Roman Imperial Forum, and walk through the Roman Forum ending at Palatine Hill.
- Dinner: Dinner with your group at a local restaurant.
- Overnight: Overnight accommodation in Rome.

Day 9 Fly Back Home

- DAY 9: ROME - HOME
- Breakfast at the hotel with your group. Transfer to the airport. Say Arrivederci to your Prometour Tour Director. Board your transatlantic flight from Rome and fly back home.

What's Included on Trips?



Dedicated Tour Project Manager



Dedicated Tour Director



Sustainable Transportation



Guaranteed Travel Dates



Centrally Located Hotels



Entrances for activities



Authentic Regional Meals



24/7 Customer Support

Why choose Prometour?



Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

Trustpilot

TrustScore **4.8** | **668** reviews

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Start Planning →

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