

Puerto Rico: Culture, History & Nature

Prométour Educational Tours

Risk-Free Registration

Truly Custom Itineraries

Local Teams

Day 1

Fly to Puerto Rico

- **Welcome:** Board your flight from home and arrive in Puerto Rico. Meet your Puerto Rican Prométour Tour Director at the SJU arrivals area, along with your Tour Manager, who handles the behind-the-scenes details so your trip runs smoothly.
- **City Introduction:** Board your motor coach and head to Old San Juan for a short orientation stroll through the narrow cobblestone streets, with their colonial architecture and colourful historic quarters.
- **Lunch:** On your own. Time and location to be determined by your Tour Director and Group Leader.
- **El Morro:** Explore Castillo San Felipe del Morro, the citadel overlooking the bay, commonly known as El Morro (non-guided).
- **Transfer:** Continue to Lajas and La Parguera, a small fishing village known for its nature reserves, cays, and bioluminescent bay.
- **Welcome Dinner:** Enjoy a welcome dinner with your group at a local restaurant while your Tour Director introduces Puerto Rico's culture, history, and community context.
- **Overnight:** La Parguera.

Day 2

Ponce & Indigenous Heritage

- **Breakfast:** Buffet breakfast at the hotel with your group, then board your motor coach for a day of discovery.
- **Centro Ceremonial Indígena:** Guided visit to one of the largest ceremonial sites in Puerto Rico, offering insight into the island's Indigenous past through its ancient plazas and archaeological remains.
- **Ponce:** Continue to the historic town of Ponce and enjoy lunch with your group at a local restaurant.
- **Walking Tour:** Guided walk through Ponce to see the vibrant Plaza Las Delicias, the iconic Parque de Bombas, and the Ponce Cathedral, passing colourful street murals along the way.
- **Salsa Class:** Step into the rhythm of Puerto Rico during a salsa dance class.
- **Dinner:** Dinner with your group at a local restaurant featuring Puerto Rican cuisine.
- **Overnight:** La Parguera.

Day 3**Cabo Rojo & Bioluminescent Bay**

- Breakfast: Buffet breakfast at the hotel, then board your motor coach for the day.
- Cabo Rojo Salt Flats: Discover the salt flats at the Centro Interpretativo de las Salinas, learning about the historical and ecological significance of this landscape on a short, easy hike (guided).
- Playa Boqueron: Enjoy fun-in-the-sun time at iconic Playa Boqueron, known for its soft sands and clear waters.
- Lunch: Lunch with your group at a local restaurant.
- Mangrove Boat Tour: From La Parguera, take a boat tour of the mangrove cays, navigating the waterways to learn about these ecosystems and the local fishing culture (guided).
- Bioluminescent Bay: As the sun sets, witness the glowing waters of the bioluminescent bay, a natural phenomenon created by dinoflagellates. Optional: take a short swim in the bay.
- Dinner: Dinner with your group at a local restaurant.
- Overnight: La Parguera.

Day 4**El Yunque Rainforest & Luquillo Beach**

- Breakfast: Buffet breakfast at the hotel, then board your motor coach for a new day of discovery.
- El Yunque: Visit El Yunque, the only tropical rainforest in the U.S. National Forest System. Take a gentle hike through its biodiversity of towering trees and diverse wildlife to reach hidden trails and waterfalls (guided). Optional: swim in one of the natural pools.
- Rainforest Lunch: Enjoy a lunch of Puerto Rican dishes made from fresh, locally sourced ingredients.
- Luquillo Beach: Spend the afternoon at Luquillo Beach: swim in the turquoise water or stroll along the soft sand.
- Dinner: Dinner with your group at a local restaurant.
- Overnight: San Juan area.

Day 5**Fly Back Home**

- Breakfast: Buffet breakfast at the hotel with your group. Note: this day may be adjusted to accommodate flight times.
- Bomba Class: Participate in a Bomba class, traditional Puerto Rican drumming and dance, to learn about its history, rhythms, and the connection between the drums and the dancers.
- Pinones Lunch: Enjoy an Afro-Caribbean lunch at Pinones, sampling Puerto Rican snacks including alcapurrias, bacalaitos, and pinchos.
- Transfer: Transfer by motor coach to SJU airport and say a fond goodbye to your Prometour Tour Director.
- Departure: Board your flight from San Juan and begin the journey home.

What's Included on Trips?



Dedicated
Tour Project Manager



Dedicated
Tour Director



Sustainable
Transportation



Guaranteed
Travel Dates



Centrally
Located Hotels



Entrances
for activities



Authentic
Regional Meals



24/7 Customer
Support

Why choose Prometour?



Your Group, Your Trip!

We never combine your students with other schools. Your tour is exclusively for your group, which means you have our undivided attention and support.



Risk Free Registration

All payments are securely held in trust and 100% refundable until your group is confirmed to travel. Plan an unforgettable experience without worries.



Dedicated Support

With our own offices and dedicated teams in Montréal, Paris, and Málaga, you get on-site support from real people who are with your group and know the destinations well.



Guaranteed Dates

Once your trip is confirmed, those dates are locked in, no matter the group size. It's one less thing to worry about when you're planning around your school calendar.

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